

Self-Directed Support

Peer Mentor Training

~ enabling disabled people in Cambridgeshire to live the life they choose ~

Are you a disabled person or carer using, or about to start using, Self-Directed Support? If yes, our Self-Directed Support Peer Mentor training will teach you the skills to design and manage your own support arrangements, as well as give you the information and skills you need to pass this information on to your peers.

The training will cover the following 9 units over 3 evening training sessions running between 6.30pm and 9pm:

- UNIT 1: *Introduction*** - social care transformation, Personalisation, Self-Directed Support and the Peer Mentor and Peer Champion concept.
- UNIT 2: *Thinking about my life*** - how I want to live and what support I need.
- UNIT 3: *My money*** - finding out how much money I will have.
- UNIT 4: *My personal budget*** - making a plan that fits my budget.
- UNIT 5: *Organising my money and support.***
- UNIT 6: *Employing my support worker.***
- UNIT 7: *Seeing how things have worked*** - carrying out a review.
- UNIT 8: *How the personal budget has worked for others*** - personal stories.
- UNIT 9: *Going forward, next steps and feedback.***

We are offering payment of £40 to all those who complete this training and graduate as a Self Directed Support Peer Mentor. All we ask in return is that you pass your learning on so that we can all ensure that disabled people are better able to live the life they choose.

If you are interested in this training please contact:

Amanda Price, Development Officer, Tel: 01223 811664. Email: info@cambsulo.org.uk

or drop-in to one of our August information sessions.

Please see page 2 for dates and times of information drop-in and training sessions.

Cambs ULO Self-Directed Support Peer Mentor Training

Dates and times of information drop-ins and training sessions
in Cambridge, March and Huntingdon **2010**.

... working for disabled people

Cambridge...

Information drop-in...

Tuesday 17th August, 12pm to 2.30pm, the Café, Meadows Community Centre,
1 St Catharine's Road, Cambridge, CB4 3XJ.

The training...

This will take place between 6.30pm and 9.00pm at Orchard Park Community Centre,
Central Avenue, Orchard Park, CB4 2EZ (for map visit: www.orchardpark.gov.uk)

Training session 1 (units 1 to 3) - **Monday 13th September**

Training session 2 (units 4 to 6) - **Monday 20th September**

Training session 3 (units 7 to 9) - **Monday 27th September**

March...

Information drop-in...

Monday 23rd August, 10am to 12.30pm, One Stop Shop, 8 Broad Street, March, PE15 8TG.

The training...

This will take place between 6.30pm and 9.00pm at Trinity Church, High Street, March, Cambs,
PE15 9LH

Training session 1 (units 1 to 3) - **Tuesday 21st September**

Training session 2 (units 4 to 6) - **Tuesday 28th September**

Training session 3 (units 7 to 9) - **Tuesday 5th October**

Huntingdon...

Information drop-in...

Monday 23rd August, 2pm to 4.30pm, Room 1, Huntingdon Library, Princess Street,
Huntingdon, PE29 3PA.

The training...

This will take place between 6.30pm and 9.00pm at The Maple Centre, 6 Oak Drive, Huntingdon,
PE29 7HN (for map visit: www.huntsforum.org.uk)

Training session 1 (units 1 to 3) - **Wednesday 8th September**

Training session 2 (units 4 to 6) - **Wednesday 15th September**

Training session 3 (units 7 to 9) - **Wednesday 22nd September**

We can help cover reasonable travel costs - please get in touch.